| KIRKLEES HEALTH & WELLBEING BOARD | | | |
|-----------------------------------|---|--|--|
| MEETING DATE: | 30 January 2020 | | |
| TITLE OF PAPER: | WY&H Care Partnership Unpaid Carers Programme / Kirklees Carers Strategy | | |

1. Purpose of paper

For sight of WY&H Care Partnership Unpaid Carers Programme and the Kirklees Carers Strategy.

For the Board to shape the partnership response to key strategic issues concerning carers.

For the Board to champion carers support across all partners.

For all the organisations to support the partnership ambition to adopt the WYH working carers passport

For the board to adopt the objectives and indicators on behalf of Kirklees, with regular reporting on progress.

2. Background

Kirklees has a Carers Strategy co-produced via the Kirklees Carers Strategy Group and local carers. The strategy and good outcomes for carers in Kirklees are impacted by the Board partners and require a system-wide joint approach to understanding and supporting carers' needs.

The West Yorkshire and Harrogate Health and Care Partnership aspire to be a place where carers are recognised and given the support they need to both manage their caring role and remain in work and education, no matter where they live in West Yorkshire and Harrogate.

Carers make a huge contribution to the health and social care system. There is substantial evidence to suggest that there are Children and young people as young as 5 caring for parents with long-term health conditions with up to 40% reporting mental health conditions themselves. Many carers are 'hidden' i.e. providing the majority of care without formal support. Evidence suggests targeted early intervention and support reduces carer breakdown and thereby limits the care and support needed for them and the cared for person. Carer investment is important to preventing further ill-health, the promotion of assistive technology and self-care. Supporting the carer's own health and wellbeing and enables them to remain in work - benefiting their household income and the local economy.

3. Proposal

The Board is asked to:

- 1) Shape the partnership response to supporting carers
- 2) Ask each partner to nominate a lead within their organisation.
- 3) Ask each partner to sign up to the Carers Passport
- 4) Ask each partner to deliver awareness training to front-line staff (support provided)
- 5) Adopt the programme objectives and receive reporting on progress

The Kirklees Carers Strategy is here:

https://www.kirklees.gov.uk/beta/adult-social-care-providers/pdf/kirklees-carers-strategy.pdf. A

brief overview is included below.

The West Yorkshire and Harrogate Caring for Carers Strategy can be found here:

https://www.wyhpartnership.co.uk/application/files/2815/7926/7381/Caring for Carers Strateg y 2019.pdf

An overview of the Kirklees Carers Strategy:

The strategy was written by carers and key partners involved in the Kirklees Carers Strategy Group. It has no start or end dates as it is a live document to be updated as changes happen.

The strategy defines what a carer is (unpaid, supports a person with a disability who couldn't cope without this support, lives within Kirklees), what key needs of carers are, outlines info about carers in Kirklees, and states why it is important to support carers.

The strategic vision is broken down into 9 statements which Kirklees is committed to building, maintaining, and helping carers achieve:

- Communities that understand
- Information, advice, and support to manage their caring role
- Respect, dignity, and freedom from abuse
- Carer-friendly Health and Care Support
- Planning for the future
- Wellbeing
- Rights, Confidence, and Advocacy
- Life outside caring
- Recognised / valued

The strategy includes further details on achieving each of the 9 areas of the vision.

Self-sufficiency and identification are themes which run through every area of the vision

Self-sufficiency:

| Enable as much self-sufficiency for carers as possible, where carers and communities support themselves | | | Help as n possible |
|--|--|---|--|
| Provide information, advice, and training to help all carers cope with and manage their caring role as best they can | 1 | | Move car towards much as |
| Where necessary, provide practical support to carers with complex caring roles to reduce the ourden of caring | | | Available it the mo |
| | ossible, where carers and communities upport themselves Provide information, advice, and training to help II carers cope with and manage their caring ole as best they can Where necessary, provide practical support to arers with complex caring roles to reduce the | possible, where carers and communities upport themselves Provide information, advice, and training to help II carers cope with and manage their caring ole as best they can Where necessary, provide practical support to arers with complex caring roles to reduce the peop | Nost people provide information, advice, and training to help Il carers cope with and manage their caring ole as best they can Where necessary, provide practical support to arers with complex caring roles to reduce the |

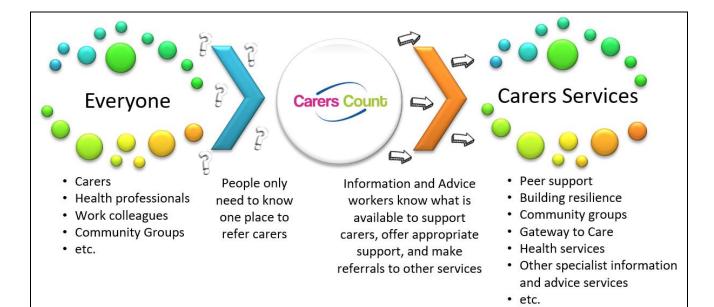
Identification and signposting to help:

The earlier a carer recognises them self as a carer and seeks help, the more independent they can be. To encourage everyone to do this as much as possible we need to make sure the process for doing this is as simple as possible.

Help as many people as possible to achieve this

Move carers upwards owards self-sufficiency as nuch as possible

Available for those that need it the most



Outcomes

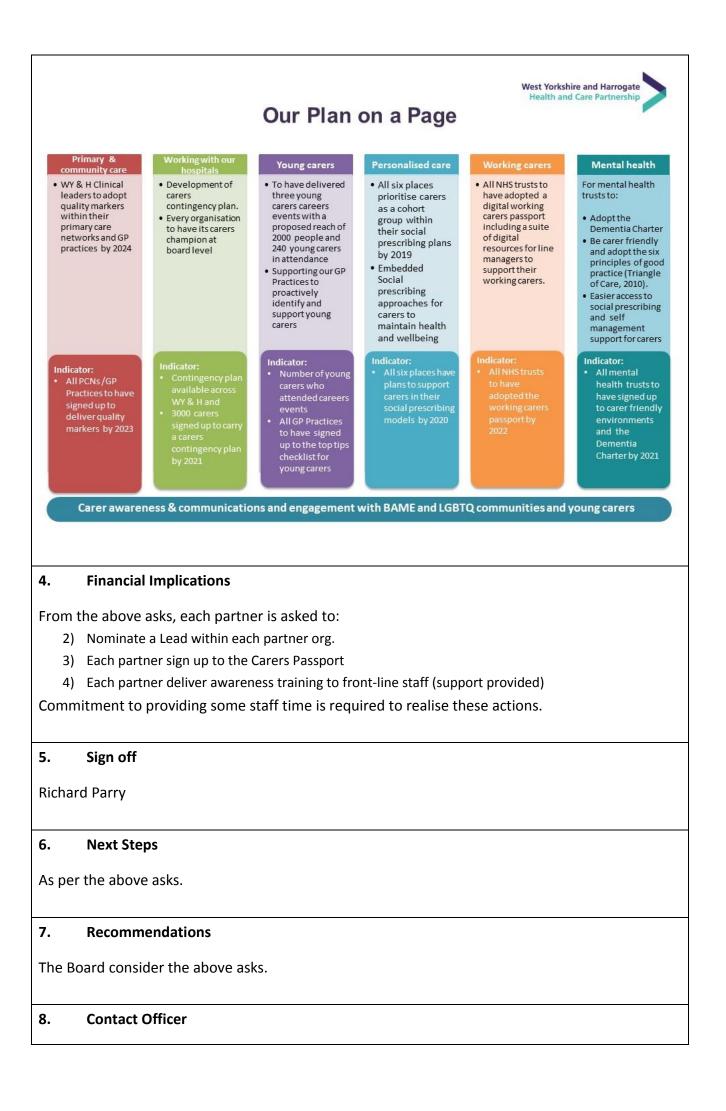
The Survey of Adult Carers in England (SACE) shows that Kirklees is:

| SACE Domain | Regional comparison | England comparison | |
|---|-------------------------|--------------------------|--|
| 1D: Carer Related Quality of Life | Best in region | Above England average | |
| 1I(2): Social Contact | Best in region | Above England average | |
| 3B: Satisfaction with Care and Support | Below region average | Below (close to) England | |
| SB. Satisfaction with care and Support | Below region average | average | |
| 3C: Carers Consulted Regards to Cared for | Below (close to) region | Above (close to) England | |
| Person | average | average | |
| 3D: Finding Information | Below (close to)region | Below (close to) England | |
| | average | average | |

The above actions are designed to create Carer-aware culture and services which will improve

- 3B: Carer Satisfaction with care and support
- 3C: Carers Consulted Regards to Cared for Person
- 3D: Carers finding information

Impact is measured every 2 years via the Survey of Adult Carers in England (SACE).



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