

<b>KIRKLEES HEALTH &amp; WELLBEING BOARD</b>	
<b>MEETING DATE:</b>	<b>30 January 2020</b>
<b>TITLE OF PAPER:</b>	<b>WY&amp;H Care Partnership Unpaid Carers Programme / Kirklees Carers Strategy</b>
<b>1. Purpose of paper</b>	<p>For sight of WY&amp;H Care Partnership Unpaid Carers Programme and the Kirklees Carers Strategy.</p> <p>For the Board to shape the partnership response to key strategic issues concerning carers.</p> <p>For the Board to champion carers support across all partners.</p> <p>For all the organisations to support the partnership ambition to adopt the WYH working carers passport</p> <p>For the board to adopt the objectives and indicators on behalf of Kirklees, with regular reporting on progress.</p>
<b>2. Background</b>	<p>Kirklees has a Carers Strategy co-produced via the Kirklees Carers Strategy Group and local carers. The strategy and good outcomes for carers in Kirklees are impacted by the Board partners and require a system-wide joint approach to understanding and supporting carers' needs.</p> <p>The West Yorkshire and Harrogate Health and Care Partnership aspire to be a place where carers are recognised and given the support they need to both manage their caring role and remain in work and education, no matter where they live in West Yorkshire and Harrogate.</p> <p>Carers make a huge contribution to the health and social care system. There is substantial evidence to suggest that there are Children and young people as young as 5 caring for parents with long-term health conditions with up to 40% reporting mental health conditions themselves. Many carers are 'hidden' i.e. providing the majority of care without formal support. Evidence suggests targeted early intervention and support reduces carer breakdown and thereby limits the care and support needed for them and the cared for person. Carer investment is important to preventing further ill-health, the promotion of assistive technology and self-care. Supporting the carer's own health and wellbeing and enables them to remain in work - benefiting their household income and the local economy.</p>
<b>3. Proposal</b>	<p>The Board is asked to:</p> <ol style="list-style-type: none"> <li>1) Shape the partnership response to supporting carers</li> <li>2) Ask each partner to nominate a lead within their organisation.</li> <li>3) Ask each partner to sign up to the Carers Passport</li> <li>4) Ask each partner to deliver awareness training to front-line staff (support provided)</li> <li>5) Adopt the programme objectives and receive reporting on progress</li> </ol> <p>The Kirklees Carers Strategy is here:  <a href="https://www.kirklees.gov.uk/beta/adult-social-care-providers/pdf/kirklees-carers-strategy.pdf">https://www.kirklees.gov.uk/beta/adult-social-care-providers/pdf/kirklees-carers-strategy.pdf</a>. A</p>

brief overview is included below.

The West Yorkshire and Harrogate Caring for Carers Strategy can be found here:

[https://www.wyhpартnership.co.uk/application/files/2815/7926/7381/Caring\\_for\\_Carers\\_Strategy\\_2019.pdf](https://www.wyhpартnership.co.uk/application/files/2815/7926/7381/Caring_for_Carers_Strategy_2019.pdf)

**An overview of the Kirklees Carers Strategy:**

The strategy was written by carers and key partners involved in the Kirklees Carers Strategy Group. It has no start or end dates as it is a live document to be updated as changes happen.

The strategy defines what a carer is (unpaid, supports a person with a disability who couldn't cope without this support, lives within Kirklees), what key needs of carers are, outlines info about carers in Kirklees, and states why it is important to support carers.


The strategic vision is broken down into 9 statements which Kirklees is committed to building, maintaining, and helping carers achieve:

- Communities that understand
- Information, advice, and support to manage their caring role
- Respect, dignity, and freedom from abuse
- Carer-friendly Health and Care Support
- Planning for the future
- Wellbeing
- Rights, Confidence, and Advocacy
- Life outside caring
- Recognised / valued

The strategy includes further details on achieving each of the 9 areas of the vision.

Self-sufficiency and identification are themes which run through every area of the vision

**Self-sufficiency:**

1	Enable as much self-sufficiency for carers as possible, where carers and communities support themselves		Most people	Help as many people as possible to achieve this
2	Provide information, advice, and training to help all carers cope with and manage their caring role as best they can		Fewest people	Move carers upwards towards self-sufficiency as much as possible
3	Where necessary, provide practical support to carers with complex caring roles to reduce the burden of caring			Available for those that need it the most

**Identification and signposting to help:**

The earlier a carer recognises them self as a carer and seeks help, the more independent they can be. To encourage everyone to do this as much as possible we need to make sure the process for doing this is as simple as possible.



### Outcomes

The Survey of Adult Carers in England (SACE) shows that Kirklees is:

SACE Domain	Regional comparison	England comparison
1D: Carer Related Quality of Life	Best in region	Above England average
1I(2): Social Contact	Best in region	Above England average
3B: Satisfaction with Care and Support	Below region average	Below (close to) England average
3C: Carers Consulted Regards to Cared for Person	Below (close to) region average	Above (close to) England average
3D: Finding Information	Below (close to) region average	Below (close to) England average

The above actions are designed to create Carer-aware culture and services which will improve

- 3B: Carer Satisfaction with care and support
- 3C: Carers Consulted Regards to Cared for Person
- 3D: Carers finding information

Impact is measured every 2 years via the Survey of Adult Carers in England (SACE).

## Our Plan on a Page

<p><b>Primary &amp; community care</b></p> <ul style="list-style-type: none"> <li>WY &amp; H Clinical leaders to adopt quality markers within their primary care networks and GP practices by 2024</li> </ul> <p><b>Indicator:</b></p> <ul style="list-style-type: none"> <li>All PCNs/GP Practices to have signed up to deliver quality markers by 2023</li> </ul>	<p><b>Working with our hospitals</b></p> <ul style="list-style-type: none"> <li>Development of carers contingency plan.</li> <li>Every organisation to have its carers champion at board level</li> </ul> <p><b>Indicator:</b></p> <ul style="list-style-type: none"> <li>Contingency plan available across WY &amp; H and</li> <li>3000 carers signed up to carry a carers contingency plan by 2021</li> </ul>	<p><b>Young carers</b></p> <ul style="list-style-type: none"> <li>To have delivered three young carers careers events with a proposed reach of 2000 people and 240 young carers in attendance</li> <li>Supporting our GP Practices to proactively identify and support young carers</li> </ul> <p><b>Indicator:</b></p> <ul style="list-style-type: none"> <li>Number of young carers who attended careers events</li> <li>All GP Practices to have signed up to the top tips checklist for young carers</li> </ul>	<p><b>Personalised care</b></p> <ul style="list-style-type: none"> <li>All six places prioritise carers as a cohort group within their social prescribing plans by 2019</li> <li>Embedded Social prescribing approaches for carers to maintain health and wellbeing</li> </ul> <p><b>Indicator:</b></p> <ul style="list-style-type: none"> <li>All six places have plans to support carers in their social prescribing models by 2020</li> </ul>	<p><b>Working carers</b></p> <ul style="list-style-type: none"> <li>All NHS trusts to have adopted a digital working carers passport including a suite of digital resources for line managers to support their working carers.</li> </ul> <p><b>Indicator:</b></p> <ul style="list-style-type: none"> <li>All NHS trusts to have adopted the working carers passport by 2022</li> </ul>	<p><b>Mental health</b></p> <p>For mental health trusts to:</p> <ul style="list-style-type: none"> <li>Adopt the Dementia Charter</li> <li>Be carer friendly and adopt the six principles of good practice (Triangle of Care, 2010).</li> <li>Easier access to social prescribing and self management support for carers</li> </ul> <p><b>Indicator:</b></p> <ul style="list-style-type: none"> <li>All mental health trusts to have signed up to carer friendly environments and the Dementia Charter by 2021</li> </ul>
<p><b>Carer awareness &amp; communications and engagement with BAME and LGBTQ communities and young carers</b></p>					

#### 4. Financial Implications

From the above asks, each partner is asked to:

- 2) Nominate a Lead within each partner org.
- 3) Each partner sign up to the Carers Passport
- 4) Each partner deliver awareness training to front-line staff (support provided)

Commitment to providing some staff time is required to realise these actions.

#### 5. Sign off

Richard Parry

#### 6. Next Steps

As per the above asks.

#### 7. Recommendations

The Board consider the above asks.

#### 8. Contact Officer

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